

BC Wrestling Association

Qualifications for BC Wrestling Coaches

Coaching roles defined:

As a coach, you bring enthusiasm, commitment and a positive attitude to each practice, event and competition. In return, you learn new skills, meet new people and gain unique experiences. Coaches offer more than sports instruction: they are teachers, role models, and mentors.

Head Coach

The head coach is ultimately responsible for all actions within his/her sports program. She/he determines and develops the yearly goals, seasonal plans and budgets along with the assistant coaches; regularly communicates with assistant coaches, program volunteers, athletes, and parents; serves as the spokesperson for the athletes/team; facilitates practices; ensures attendance, training and safety of athletes at practices; ensures all athletes are prepared for competition; and delegates to assistant coaches/program volunteers. Must be 19 years of age or older, and are required to complete proper certification within first year.

Assistant Coach

The assistant coach helps head coach with all duties; assists with training and supervision of athletes at practices and competitions; and regularly communicates with head coach. Must be 16 years of age or older, and must complete proper training (trained) within first year.

First Aid

There should be at least one person who has basic First Aid in the wrestling facility at any time where athletes are participating in a competition. Concussion Awareness Training Tool is recommended for first aiders. It does not need to be the coach. BCWA does however, encourage all coaches to be current in First Aid Certification.

Criminal Records Check

Volunteers or employees of BCWA or member clubs, who at any time could be expected to:

- i. be with any minor aged person;
- ii. be entrusted with performing financial duties;
- iii. be responsible for bookkeeping or bank account(s);

must have on file the results of a Criminal Record Check completed from an agency approved by the Association. It is the responsibility of the club/team to ensure that all volunteers that are associated within their program, have completed a criminal records check.

Coaches are mandated to provide criminal record check as follow:

1. Vulnerable Sector Check (every three years) no earlier than September 01, of the current membership season.
2. E-PIC (every three years) no earlier than September 01, of the current membership season.

Certified teachers are exempted from criminal record check requirements if a valid copy of teaching certification is provided to BCWA.

Coaching Requirements

- To Register with BCWA as a coach must be:
Minimum NCCP “in training” status
Certified teachers are exempted from NCCP training requirements for the purpose of registering for BCWA coach membership if a valid copy of teaching certification is provided to BCWA.
- To Coach U17 & U19 National Championships, or BC Summer Games a coach must be:
NCCP Competition-Introduction Certified
- To Coach Cadet, Junior, and/or Senior National Championships a coach must have:
NCCP Competition-Development Certified
- To Coach BC Team at Canada or Western Canada Games a coach must have:
NCCP Competition-Development Certified
- To receive BCWA sanctioning for international travel a coach must have:
NCCP Competition-Development Certified

A qualified coach is described as:

- In Training –when a coach has completed some of the required training for a context;
- Trained –when a coach has completed all required training for a context; (Community Coach or Part A & B, and ethical decision making) - NOTE: Community Sport Initiation only has ‘Trained Status’
- Certified –when a coach has completed all evaluation requirements for a context, and the ethical decision-making exercise.

There must be a minimum trained wrestling coach in the gym for all practices (including warm-up activities) for any athletes insurance to be valid. Clubs must advise athletes or post this advisory in the wrestling room to ensure unsupervised practices do not take place. Coaches who are not certified may register as a Coach in Training (CIT) and act as an assistant to a fully certified coach.

Recommended Coach to athlete ratios:

Recommendations: 6-12 to 1 coach (5 to 15 years old) Recreation and Competitive.

The more advanced the skill level of athlete, the higher the ratio can be.

Additional Recommendations on Coach Certification

Concussion Awareness Training Tool is recommended for coaches in addition to the minimum requirements for coaches that are outlined above. BCWA recognizes that many coaches receive training by mentoring through senior coaches. There may be situations where a coach is performing duties beyond the level of his/her NCCP. You are encouraged to ensure the coach has adequate training for the tasks they are performing. Failure to do so may lead to liability situations.

Practice

A scheduled wrestling activity that has been publicized to its members, and takes place in a safe environment, that is conducted with a qualified instructor present at all times.

Program Signage & Notification

BC Wrestling member programs are recommended to post rules and regulations for participation in BC Wrestling sanctioned activities. BCWA Code of Conduct and notification that any wrestling activity is strictly prohibited without a certified or trained coach present. Clubs/members contravening BCWA policies or engaging in misconduct may be responsible for reimbursing BCWA for any costs incurred to that misconduct.